Frederick Holman



Fred Holman started painting in 2005. What began as an interest in refining his drawing skills turned into a passion for exploring the joys of nature through painting. He is a Landscape Architect and Planner by profession; using the natural environment to create beautiful, functional spaces have been part of his life for over 40 years.

A graduate of the Rhode Island School of Design's Painting and Drawing Certificate Program in 2007, Fred obtained the knowledge needed to use his professional talent in his paintings. He has explored many mediums, but today oil is his preferred medium to paint still life, figures and landscapes.

Fred's studio is located on the Schroon River in Brant Lake, New York. He is a member of numerous arts organizations and served as President and Treasurer for the NorthCountryARTS

His work has been juried into art shows throughout the Adirondack region. More recently, in 2017 he won First Place award at the Colonie Arts League Juried Art Exhibit in the Cooperstown Regional Juried Art Exhibit (Mary Buckley Memorial Prize for Oil) and the Lake Placid Center for the Arts Juried Show (First Place). In 2018 he won first place for Oil at the Hagaman Art Show. In 2019 Fred won third Prize at the Ticonderoga Harvest Plein Air Festival and Honorable Mention Judges Circle at the Colonie Juried Art Exhibit. In 2020, Fred was juried into numerous shows and won second prize at the Colonie Pruyn Museum Juried Art Show.

Fred is currently showing his work at the TiArts Downtown Gallery in Ticonderoga, NY, the NorthCountryArts Gallery in the Shirt Factory in Glens Falls, NY and other venues throughout the Adirondacks and the New York Capital Region.

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